NRHP 2009 AGM

Crewe Arms Hotel Nantwich Road Crewe CW2 6DN

<u>Saturday, 25th April, 2009</u> <u>10-30 am.</u>

<u>Minutes</u>

1. Welcome from the Chair: Sir Bill Connor

Sir Bill Connor opened the meeting and welcomed the members.

2. Minutes of 2008 AGM and Matters Arising

The minutes of the 2008 AGM were accepted. Any matters arising had been dealt with during the year.

3. Chair's Address: Sir Bill Connor.

It has been a good year for NRHP

UKCP QR

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NRHP passed the review with flying colours – UKCP assessors made some additional complimentary comments about the running of NRHP.

Page 6

Para 2.10a "NRHP's governance and management structures are broadly in line with UKCP requirements and standards "

Page 7

Para 3.3g.2 " the Assessors were impressed with elements of the documentation and with the knowledge and competence of the staff, who spoke clearly and confidently about their role in the organisation. The NRHP was also clearly aware of the importance of the 2 staff members to the organisation, which was positive to observe "

Para 3.5a "The Assessors were particularly impressed by the clarity, experience and knowledge of the staff and by the easily accessible documentation systems they have created "

Para 3.5b " It is clear a lot of hard work and thought has gone into the administrative support of the organisation "

Para 3.3.g.3 "The Administrative aspects of NRHP offer some solid examples of good practice for listing organisations and easily meet the UKCP's requirements and expectations "

We are indeed fortunate that despite the size of NRHP and our modest resources that we can sustain an excellent office base which is staffed by dedicated, experienced and knowledgeable staff who provide a valuable service to our members on a range of issues.

We must strive to maintain this as I have seen many small not for profit organisations who think they can provide administrative support from the parlour of some willing volunteer's house and end up in a complete mess.

• Financial Stability

Due to the stewardship we have received from Jon Beilby, as our Executive Officer and Andrew Waddington, as our registered Company Secretary and free accountant we have moved from a position only a few years ago of almost financial collapse to a situation of financial stability.

In fact, in this financial year, as a result of ongoing financial prudence coupled with a welcome increase in membership due to transfers from NHPC Andrew was able to recommend to the Board that we reduced membership subscriptions by some 29% from £141 down to £100.

The Board was delighted to accept his recommendation and believed that in this period of economic difficulty such a decrease in costs would be welcomed by NRHP members.

In Conclusion:

You will all by now be aware that both Jon Beilby and Andrew Waddington have decided to resign their positions with effect from the end of this AGM.

I am not going to make any comment on the reasons they have given for their decisions as this has already been communicated to the members.

But I would like to place on record my appreciation, and I am sure this will be shared by the overwhelming majority of NRHP members, for their significant contribution to the affairs of NRHP and their dedication and clear commitment to serving all members. They have given us excellent service, often above and beyond the call of duty and will be sorely missed.

Thank you Jon and Andrew!!

Bill Connor

4. Financial Report: Andrew Waddington (AW), Company Secretary.

The income for 2008 is 40% up from £41,335 in 2007 to £57,939.

Administrative expenses are up by 18% from £37,109 in 2007 to £43,733.

After taking into account bank interest received, there is a surplus of income over expenditure, before taxation, of £15,683 compared to £5,295 in 2007.

As a result of this, the reserves of NRHP have increased to £41,491 which is approximately equivalent to a year's expenditure. This is a very healthy financial position for NRHP to be in and the board is very pleased to have been able to reduce the annual subscription by 29% to £100 for 2009.

A question had been submitted prior to the AGM regarding the creditors in the balance sheet of £15,845. AW explained that the main component of this was 2009 subscriptions received in advance. A member asked why UKCP registration fees were not included in the accounts. AW explained that these are

A member asked why UKCP registration fees were not included in the accounts. AW explained that these are simply collected by NRHP on behalf of UKCP and the total sum is then passed over to UKCP. In the accounts NRHP's reported income only relates to services providing income for NRHP. Several other questions were asked which did not directly relate to the accounts. These were covered in other items on the agenda.

AW was asked about where the reserves were held and were we getting the best rate of interest. AW answered that the money is held at the bank and there is a current account and a deposit account but, in the current economic climate, the interest received is now very low on both accounts.

5. Executive Officer's Report: Jon Beilby, Executive Officer.

Jon Beilby's (JB) Executive Officer report:

There is little to be said in addition to what I have already reported in the newsletter and elsewhere. I have spent the last 6 years working to keep NRHP on track, legal and financially stable and I would like to thank the members for their positive support in these tasks.

I believe that I have succeeded in keeping NRHP on course despite various pressures from inside and outside the organisation.

Another success worthy of mention is that over the 6 years I have been at the helm there have been no formal complaints registered against NRHP members. This is mainly due to my intervention and unofficial mediation and I know that this has been welcomed by those unfortunate enough to have been involved in what have largely been misunderstandings. I saw it as an important part of my job to communicate with members who needed assistance and advice.

We could not have achieved any these targets without the help and support of Julie and Susan in the office. Without them NRHP would not be the success it is today. They are a delight to work with, flexible, reliable, and dependable, always willing to go the extra mile to get the job done. Their commitment can be measured by their length of service. This year Julie has completed 20 years service with NRHP and Susan is not far behind her with 13 years service.

(The meeting requested that their thanks to the staff be minuted and the staff informed of their appreciation for all their hard work.)

I must also mention, the Company Secretary and Financial Director, Andrew Waddington, whose help in an executive capacity, has been invaluable to the organisation, and to me as Executive Officer, over the whole of the six years.

This year 4 of the 7 directors are resigning, Siân Schofield, John Trewhella, Andrew Waddington and me. I wish to thank Siân, John and Andrew for their help and input as directors. (Since reporting this to the meeting Sir Bill has also resigned making 5 out of the 7 who started the year.)

I would like to wish the new directors every success. You are starting from the strongest position NRHP has been in since its foundation in 1985. You are inheriting strong finances, great staff and some great members.

My penultimate thanks must go to Sir Bill, who as Chair and a very busy man elsewhere has always been available to advise and support as well as use his contacts, whenever appropriate, to the benefit of NRHP. His service to NRHP has been beyond what most members realise and would expect.

And finally, I thank the members for their support over the years, without you there would be no NRHP, it has been a pleasure to serve you.

Jon Beilby

Members asked about links with training organisations and research into hypno-psychotherapy. It was stated that this was something that the new board could re-address.

JB was invited to comment on the recent e-mail circulated to NCHP graduates which a non-NCHP graduate member had had passed on to her. JB said that as a NCHP graduate he had received the e-mail direct, (others present said that they had also received it). He also said that it appears to bring NCHP into line with the majority of UKCP Hypno-psychotherapy section training organisations who also run registers. NRHP had been led to believe that dual running of registers and training was frowned upon by UKCP but it seems that it is now acceptable. JB declined the invitation to make further comment.

One member requested that if other members feel the need to contact the membership they do not do so anonymously. The majority of the members present agreed.

6. United Kingdom Council for Psychotherapy (UKCP) Report: UKCP Hypno-Psychotherapy (HP) Section Delegates.

JB explained that Angela Plotel (AP) and JB had started the year as UKCP HP Section delegates. Jane Watson (JW) was the National Hypno-Psychotherapy Council (NHPC) appointed delegate and when NHPC ceased as an organisation Angela resigned and JW took her position as the second NRHP delegate.

JW addressed the AGM about the work of the UKCP Ethics Committee as she represents the HP section on this committee. General discussion took place around aspects of Record Keeping, Continuing Professional Development (CPD) requirements and Complaints when (or if) Health Practitioners Council (HPC) becomes the statutory regulator. This is unclear at present but the procedures are not expected to be very different from the current ones. JW does not see this as a problem. The target date for HPC to become the statutory regulators is currently 2011.

JB briefly outlined the new shape of UKCP which was voted for at the recent UKCP AGM. Currently organisations are the members and individuals are registrants with no voting rights. In the near future individuals will be the members with the right to vote and have individual representation on committees especially at what is now section level. UKCP will soon be looking for representatives. They are also encouraging non-psychotherapists lay representation at all levels of the organisation in line with HPC policy. Another change will be that subscriptions will be paid directly to UKCP by individuals. Presently, they are collected by organisations, collated and one cheque is then sent to UKCP. Some organisations change a handling fee for this service and use this as a source of income. NRHP has always seen this task as a service to members and never passed on any extra administration costs incurred.

It was asked that if members can be direct members of HPC what will be the purpose of NRHP and UKCP. JB said that organisations may have to change their function and be seen to be giving a good service to their members in order to survive. NRHP represents a modality and has a role specific to hypno-psychotherapy. A further question was, will UKCP survive. JB gave the answer yes but not as we now know it. Exactly how should become clearer in the near future. The question was raised as to whether members need to continue working towards UKCP registration. It is expected that UKCP registrants would get automatic acceptance onto the HPC register when the time came. Going through the alternative grand parenting procedures may be onerous and costly.

JB said that as his period as NRHP UKCP HP section delegate is due for review in October and he hoped to be serving the members in that capacity and keeping all informed at least until then.

Election Issues: Ordinary Resolutions, Special Resolutions and Voting

428 voting papers and postage paid reply envelopes were sent out to members. 86 postal proxy votes and 1 proxy form were returned by the due date of 17th April 2009. 5 forms were received after the deadline and remain unopened. 12 members voted at the AGM. The results are as follows:

7. Ordinary Resolution 1: To receive the accounts (N.B. These can be viewed on the website)

For	Against	Abstain
72	4	9

Resolution passed.

8.	Ordinary	Resolution	2: Election	of Directors.	(Details circulated	d)
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		For	Against	Abstain
a	Allen Langley	58	10	9
b	Sue Washington	53	20	14
c	Leslie Williams	35	18	24

Allen Langley, Sue Washington and Leslie Williams are duly elected as Directors of the Board of NRHP.

9. Special Resolution 1: To Change Articles of Association; Member Representation; (as circulated).

For	Against	Abstain
70	12	5

Resolution Passed

10. Special Resolution 2: To Change Articles of Association; Financial Transparency; (as circulated).

For	Against	Abstain
78	5	4

Resolution Passed

11. Closing Remarks from the Chair: Sir Bill Connor.

Sir Bill thanks everyone for attending and informed the meeting that he was also resigning immediately after the AGM.

The meeting closed at 12-05pm.

The 2010 AGM is scheduled for 24th April, 2010