

NRHP 2009 Annual General Meeting Report by Angel Plotel

The 2009 AGM and CPD seminar were held on April 25th at the Crewe Arms Hotel, conveniently sited right opposite the station, and both were well attended. It was good to see everyone and have a chance to catch up with you again,

Tea and coffee on arrival was welcome, and revealed the presence of a representative of one of the specialist insurance companies, Howden's, who had information (and sweeties) available. Towergate had also been invited to take a table, but on the day were unable to come.

The proceedings began with a welcome from the Chair, Sir Bill Connor followed by his address and reports from Andrew Waddington on finance, Jon Beilby as Executive Officer and as UKCP delegate, with updates on developments there and answers to questions from the meeting.

Andrew answered financial queries from the floor and such was the interest in the general business of the NRHP that questions looped around and back and forth for some time. The AGM really is a great opportunity to understand what is involved in the running of our organisation. The minutes of the meeting now also appear here on the website for those of you who wish to read in fuller detail. You will also find the final voting figures for all three candidates who were elected to the Board of Directors.

Jane Watson, who is our own Chair of Ethics, and a delegate to the UKCP Ethics Committee, reported to the meeting and explained some of the background and what the Ethics committee actually does. Her insight into the working of other disciplines within UKCP compared our own was quite an eye-opener. Psychoanalysts keeping records for 25 years for example! I guess they either have very few clients or live in very large houses.

The resolutions put to the Board were also voted on and passed, and the articles will be amended accordingly. The formal meeting ended with a very informative goodbye speech from Sir Bill Connor who was resigning for his Directorship and as Chair. A very pleasant lunch followed (excellent value at just £10) where it was good to see old friends and new acquaintances having a really good natter.

The CPD event in the afternoon was an interesting and at times very funny talk from Barry Holland on extreme male brain and the Cassandra Complex - I hope we will see a fuller report on this site soon. The piece

of information that has stuck with me is the advice not to ask anyone with a tendency to extreme male brain 'does my bum look big in this?' because he is likely to give you an answer that's a bit too honest for comfort...

The first meeting of the new Board of Directors took place as the meeting broke up and members began to wend their way home. The minutes of that meeting can be downloaded [here](#) too so you can read what was decided there.

Angela Plotel.